

# LET'S EAT! COOKING CLASS

Join Project GROWS for FREE Hands-on Cooking Classes!

All Are Welcome!

Sign-ups are encouraged, and drop-ins are welcome while space allows



LET'S COOK, EAT, AND ENJOY FOOD TOGETHER!

**APRIL 23**

Wednesday

**5:00 PM - 6:30 PM**

Farrier Court Maintenance Building

**APRIL 30**

Wednesday

**5:00 PM - 6:30 PM**

Farrier Court Maintenance Building

**MAY 7**

Wednesday

**5:00 PM - 6:30 PM**

Farrier Court Maintenance Building

**MAY 14**

Wednesday

**5:00 PM - 6:30 PM**

Farrier Court Maintenance Building

## What to Expect

- ✓ Gain knowledge in cooking and eating fresh foods
- ✓ Cook a meal using fresh, simple ingredients
- ✓ Receive and share new recipes to inspire meals at home
- ✓ Share a meal with your neighbors in a welcoming space
- ✓ Each class, receive **FREE** vouchers to shop at the GROW Mobile Market!

**Sign Up Today!**



Scan the QR code to register  
or call 574-312-1205



**THE GROW MOBILE**  
FRESH • LOCAL • AFFORDABLE

**STAUNTON**  
Redevelopment  
& Housing Authority