



WELCOME, SUSAN!

September 2025

SRHA

Newsletter

STAUNTONRHA.ORG



OUR NEW TEAM MEMBER

Meet **Susan Venable**, SRHA's new Needs Assessment & Self-Sufficiency Coordinator.

She builds relationships with residents, assesses resident needs, and helps them reach success and self-reliance.

Susan supports the emergency food pantry, after-school programs, financial literacy education, and homeownership readiness programs.

JUST LAUNCHED

EMERGENCY FOOD PANTRY

New at SRHA: An emergency food pantry for those "uh-oh" moments when the fridge is empty and payday's still days away. Available to Farrier Court and Elizabeth Miller Gardens residents.



Learn more inside

MOBILE MARKET

SRHA partners with Project Grows to bring the Mobile Market to our residents. It's a farmer's market on wheels with fresh, affordable foods, including fruits, veggies, meat, eggs and cheese! [Get the schedule.](#)



HELP IS HERE: EMERGENCY PANTRY

Susan Venable has always been an advocate for affordable housing, food security, and giving people a hand up.

Now, in her new role as **Needs Assessment & Self-Sufficiency Coordinator** for the Staunton Redevelopment and Housing Authority (SRHA), she's bringing that same passion to its residents.

Since joining in April, Susan's hit the ground running, launching an **emergency food pantry**, with the help of Staunton City Schools, for residents of Elizabeth Miller Gardens and Farrier Court apartments. The pantry is a short-term safety net for those facing food insecurity, helping bridge the gap between paychecks or SNAP benefits. SRHA recently partnered with the Blue Ridge Area Food Bank to provide a continuous supply of food to residents.

Stocked with non-perishable staples like **pasta, beans, tuna, and sauce**, it also offers a **limited supply of frozen foods, hygiene items, and paper goods** like toilet paper and paper towels. Susan even keeps a few items in her office for residents who need help on the spot.

"As abundant as our community is with resources, there are still deficiencies," she said. "You can't be self-sufficient if you're hungry. You can't be self-sufficient if you're unemployed. We're working to create a healthy, sustainable environment for our residents."

Want to help stock the shelves?

We're always accepting:

- Canned & dry goods
- Frozen meals or veggies (small batches only)
- Hygiene products
- Paper towels & toilet paper

Need a hand or want to donate?

Contact Susan at svenable@stauntonrha.org or 540-527-2067.

